



# St. Charles High School

Home of the Spartans



## December 2022 College and Career Center Newsletter

### Events, Opportunities, and Resources



Mrs. Janet Malherek - College & Career Advisor, [jmalherek@ccboe.com](mailto:jmalherek@ccboe.com), or through synergy December 2022

### UPCOMING EVENTS & OPPORTUNITIES!!!



## SCHOLARSHIP FAIR

Please join Charles County Public Schools and CSM at our annual scholarship fair. High School juniors and seniors and their parents are invited to come learn about scholarship and financial aid opportunities. Representatives will be present to assist with FAFSA applications.

Thursday, December 1, 2022  
6-8 p.m.  
College of Southern Maryland-BI Building  
8730 Mitchell Road  
La Plata



### SCHOLARSHIP FAIR & HELP COMPLETING THE FAFSA!!!

Thursday, December 1, 2022,  
6:00 PM – 8:00 PM

College of Southern Maryland  
BI Building  
8730 Mitchell Road  
La Plata, MD

### Did you miss the VIRTUAL FINANCIAL AID NIGHT PRESENTATION?

The Virtual Financial Aid Night presentation provided information about the financial aid process, FAFSA, FSA ID, Scholarships, Grants, Loans, and MORE!!! FINANCIAL AID is for ALL students planning to attend any type of post-secondary education!!!

If you were not able to attend the presentation on Monday, November 14, 2022, you may **watch the recording** using one of the following links:

**Virtual Financial Aid Night 2022 OR CCPS Virtual Financial Aid Night 2022.mp4**



## **Accelerated Learning Academy (ALA) – W.E.B DuBois Scholars Institute**

ONLINE Interactive Workshops for STEM fields for 10<sup>th</sup> & 11<sup>th</sup> grade students!

### **DATES**

January 6-8, 2023  
February 24 – 26, 2023  
April 21 – 23, 2023



W.E.B. Du Bois  
Scholars Institute

**10<sup>th</sup> and 11<sup>th</sup> Grade Students**.....Good at math and science? GPA of 3.0 or higher? Want a STEM major in college? Want a career in the STEM fields? If so, apply to ALA and learn from other youth and top scientists to explore career options, take STEM workshops online, and strengthen your college application!!!

Choose from 4 Tracks:

**Medical Science, Biomedical Engineering & Technology, Applied Mathematics,  
or Artificial Intelligence & Technology**

**For more INFORMATION and to APPLY, visit:**

<https://www.duboisscholars.org/programs/accelerated-learning-academy.html>

**DEADLINE to apply – December 6, 2022**

**Seats are limited and are on a first come, first served basis – APPLY EARLY!**

## **JUS ONE ACADEMY –**

### **Design Thinking & Entrepreneurship Certification (DTEC) Program - JUNIORS**

**Program is limited to 30 Juniors (Class of 2024)**

**Interested in Business & Entrepreneurship - FREE**

This FREE program is for juniors interested in pursuing an industry-recognized certification in business in entrepreneurship. This program is specifically for innovators, designers, trendsetters and entrepreneurs.

**For more INFORMATION, please visit their website**

**at:** <https://www.jusoneacademy.com/>



## **NASA INTERNSHIPS - STUDENTS 16 YEARS OR OLDER**

**CCPS high school students can apply for NASA internships**

Charles County Public Schools (CCPS) high school students who are 16 and older can apply for **internships with NASA**. The **NASA internship program** is open to teens to **explore career pathways** while working with some of the top minds in science, engineering, financial, information technology and business.

For more **INFORMATION**, go to: <https://intern.nasa.gov/>



**INTERNSHIPS**

## **COPPIN STATE UNIVERSITY –**

### **DESTINATION COPPIN Information Event - SENIORS**

**Wednesday, December 7, 2022, from 6:30 - 8:30 PM**

**Hilton Garden Inn Waldorf, MD**

'Go All In' and learn all about what Coppin State University has to offer! Meet with current Coppin State students and alumni, as well as representatives from the **admissions, financial aid, housing, academic departments, and student services**. Admissions counselors will be conducting **on-site admissions**, **so seniors should bring a copy of their high school transcript with them!** Scholarships will also be available!!!

For more **INFORMATION** and to **REGISTER** for this event, go to:

<https://www.coppin.edu/event/destination-coppin-charles-county-md>



**COPPIN**  
STATE UNIVERSITY  
EST. 1900

## **Bank of America Student Leaders Program – JUNIORS & SENIORS**

**APPLICATION DEADLINE: January 13, 2023**

A unique opportunity for high school juniors & seniors to earn an 8 week, 35 hours a week, **paid internship** at a local non-profit organization and participate in a national leadership summit in Washington, D.C. You will learn valuable civic, social and business leadership skills. The **APPLICATION DEADLINE** is **January 13, 2023**. The application and more details about the program can be found at:

[www.bankofamerica.com/studentleaders](http://www.bankofamerica.com/studentleaders)

## **UNITED STATES NAVAL ACADEMY – SUMMER STEM PROGRAM**

**APPLICATION OPENS: January 4, 2023**

**APPLICATION CLOSES: April 15, 2023**

***This program is for rising 9<sup>th</sup> – 11<sup>th</sup> grade students interested in pursuing a course of study in STEM – Science, Technology, Engineering, and Mathematics.***

Thinking of a career as a coder, game developer, designer, or robotics engineer? Then start with the experience of a world-class program like the Naval Academy's Summer STEM Program.

STEM is all about exploring, creating, building, and making things better, and at our Summer STEM Program, you'll do just that. You'll work with students from all over the country as you test your problem-solving, creativity, and collaboration skills. For more information, go to:

[www.usna.edu/Admissions/Programs/STEM](http://www.usna.edu/Admissions/Programs/STEM)

### **2023 SESSION DATES**

RISING 9TH GRADERS: JUNE 5 - 10

RISING 10TH GRADERS: JUNE 12 - 17

RISING 11TH GRADERS: JUNE 19 – 23

## **Art Students National Portfolio Days....**

### **Virtual & In-Person Events**

The National Portfolio Day Association will host virtual and in-person events throughout the year. Click on the link below to see the schedule of upcoming events and how you can register to participate in them!!!

[www.nationalportfolioday.org](http://www.nationalportfolioday.org)



***\*\*Students are encouraged to visit college, military, and apprenticeship websites to see what possible in-person and virtual events and opportunities they may be hosting. Students are also encouraged to schedule an appointment (phone or virtual) to meet with a college admissions counselor, military recruiter, or apprenticeship sponsor. College, military, and career representatives are always excited to talk to students and encourage you to reach out with any questions you may have.***

# PREPARING FOR YOUR FUTURE AFTER HIGH SCHOOL



Your plans for the future are important! There are many post-secondary options open to high school graduates. Some serious thinking and planning will make your post-high school transition easier. It is important to organize your thoughts and ideas about your goals and what you need to do to achieve them. Please visit the Career Center to take advantage of the resources available to help you with your post-secondary plans.

## POST-SECONDARY EDUCATION

- 4-year Colleges and Universities
- 2-year Colleges/Community Colleges
- Vocational/Technical/Trade/Career Schools



All high school graduates are eligible to attend the College of Southern Maryland (CSM). Students who attend CSM can earn a 2-year degree (Associate Degree). CSM also has many partnerships with 4-year colleges, which enables students to have the opportunity to complete their first two years at CSM and then transfer to a 4-year school (in-state or out-of-state) to complete their last two years of a 4-year degree. For more information about the CSM, go to: [www.csmd.edu](http://www.csmd.edu).

## MILITARY

### Recruiters

- |   |   |  |
|---|---|--|
| ➤ Air Force                                     | <a href="http://www.af.mil">www.af.mil</a>                                      | 240-530-0177   |
| ➤ Army  | <a href="http://www.goarmy.com">www.goarmy.com</a>                              | 301-645-9190   |
| ➤ Coast Guard                                   | <a href="http://www.uscg.mil">www.uscg.mil</a>                                  | 202-543-8313   |
| ➤ Marine Corps                                  | <a href="http://www.usmc.mil">www.usmc.mil</a>                                  | 301-843-0353   |
| ➤ Navy  | <a href="http://www.navy.mil">www.navy.mil</a>                                  | 301-843-8572   |
| ➤ Maryland Army National Guard                  | <a href="http://mdarmyguard.com/index.htm">http://mdarmyguard.com/index.htm</a> | <a href="mailto:mdarmyguard@gmail.com">mdarmyguard@gmail.com</a> |
| ➤ DC Air National Guard, 113 <sup>th</sup> Wing | <a href="http://www.113wg.ang.af.mil">www.113wg.ang.af.mil</a>                  | 240-857-5449   |

The Armed Forces can provide a wide range of opportunities, valuable training, and educational benefits. To find the type of technical training you are best suited; take the ASVAB (Armed Services Vocational Aptitude Battery). This **FREE** test is given at school twice during the school year (fall and spring) and is available for juniors and seniors only. Seniors who are considering the military should plan on taking the ASVAB the fall of their senior year. Recruiters visit the high school throughout the year and are always happy to answer your questions. The recruiters can be reached at the numbers listed above. For more information about the military, please go to: [www.military.com](http://www.military.com).

## APPRENTICESHIPS

Apprenticeships combine supervised, structured, paid on-the-job training and related technical instruction to teach apprentices the skills necessary to succeed in a specific occupation. The apprentice works full time and receives training from the sponsoring organization.

### U.S. Apprenticeship and Training Program:

<https://www.apprenticeship.gov/career-seekers>

MD State Apprenticeship and Training Program: [www.dlir.state.md.us/employment/appr/apprbecomeappr.shtml](http://www.dlir.state.md.us/employment/appr/apprbecomeappr.shtml),  
[www.labor.maryland.gov/employment/approcc/approcc.shtml](http://www.labor.maryland.gov/employment/approcc/approcc.shtml)

### Baltimore DC Building Trades:

<https://www.bdcbt.org/>

## WORKFORCE

- |   |   |
|---|---|
| ➤ Full-time permanent jobs                  | ➤ Contract services on short-term basis |
| ➤ Combination of two or more part-time jobs | ➤ Self-employment                       |

Explore careers and try to identify jobs and occupations that interest you. Become familiar with and practice good job interviewing techniques. Prepare a resume. Come to the Career Center and utilize the resources that are available on interviewing and resume writing. To start your career search, visit [www.Linkedin.com](http://www.Linkedin.com), [www.onetonline.org](http://www.onetonline.org), [www.careeronestop.org](http://www.careeronestop.org), [www.indeed.com](http://www.indeed.com), [www.glassdoor.com](http://www.glassdoor.com), [www.snagajob.com](http://www.snagajob.com), [www.careerbuilder.com](http://www.careerbuilder.com), [www.monster.com](http://www.monster.com)

The **Southern Maryland Job Source** is located at 175 Post Office Road in Waldorf, Maryland. Office hours are from 8:00 am-4:00 pm daily. Contact the Southern Maryland Job Source at 301-645-8712 or go online at: [www.dlr.state.md.us/county/smd](http://www.dlr.state.md.us/county/smd) OR visit the **Maryland Workforce Exchange** website at: <https://mwejobs.maryland.gov/vosnet/Default.aspx>

**Federal Jobs and Internships** - Students and recent graduates may be eligible for federal internships and job opportunities through the Pathways and other student programs: [www.usajobs.gov/Help/working-in-government/unique-hiring-paths/students/](http://www.usajobs.gov/Help/working-in-government/unique-hiring-paths/students/)

### START PLANNING NOW!!!

Visit the Career Center and the Career Center page on the SCHS website often! Access your XELLO account on your Clever app in your Office 365 account to explore careers. Use the all the resources available to help you **PREPARE for YOUR FUTURE!!!**



## NOVEMBER GRADE LEVEL MONTHLY REMINDERS



**REMEMBER...If you have questions, please stop by the CAREER CENTER or email the College and Career Advisor, Mrs. Janet Malherek, at [jmalherek@ccboe.com](mailto:jmalherek@ccboe.com), or through StudentVue!!!**

### Freshmen: (**Freshmen year DOES count!**)

- Read a variety of books.
- Get involved in clubs and extracurricular activities. There are lots of opportunities available during the Activity Period!!!
- Do some community service and volunteer work.
- Use the **XELLO** link on the Clever App in your Office 365 account, Study Island, and other resources for exploring your career options.
- If your grades are not good, make sure you ask your teacher for help, use the tutoring support available during the Activity Period, use online resources for help such as Study Island (on your Clever App), and Khan Academy ([www.khanacademy.org](http://www.khanacademy.org)). Keep up with your classes!



### Sophomore:

- Get your name and address on college mailing lists.
- Look for in-person and virtual college fairs you can attend.
- Visit the Career Center and Career Center page on the SCHS website and look at the college information and resources available as you research colleges.
- Visit college websites and gather college information including entrance requirements, size, location, college programs, special facilities, etc.
- If your grades are not good, make sure you ask your teacher for help, use the tutoring support available during the Activity Period, use online resources for help such as Study Island (on your Clever App), and Khan Academy ([www.khanacademy.org](http://www.khanacademy.org)). Keep up with your classes!





- Get/Stay involved in clubs, organizations, and community service activities. Being involved helps you develop good time management skills, builds your resume, and could lead to leadership positions!!!
- Use your holiday break to research summer opportunities. Colleges look for a combination of paid employment, clubs, volunteering, and other activities.
- Use the **XELLO** link on the Clever App in your Office 365 account and other resources in the Career Center and on the Career Center webpage of the St. Charles High School website to investigate possible career paths and possible college majors. Explore!
- Sophomores who took the PSAT in October should be receiving their PSAT Score Report in December/January. Once you receive your PSAT Score Report, you can learn more about what your scores mean by visiting <https://studentscores.collegeboard.org>. If you have an account with College Board, you can sign in with your Username and Password; if you don't have an account, you will need to create a Student Account at [www.collegeboard.org](http://www.collegeboard.org). Using your score report, you will learn how ready you are for college, explore which AP courses are a good match for you, and get insight into which skills to focus on to prepare for the SAT. You can also link your College Board and Khan Academy accounts to access **FREE**, personalized SAT practice based on your PSAT/NMSQT results, go to: <https://collegereadiness.collegeboard.org/sat/k12-educators/advising-instruction/practice-resources/link-accounts>.

## Junior:

- Visit the Career Center and Career Center page of the St. Charles High School website and become familiar with ALL the information and resources that are available to you as you research what you plan to do when you graduate from high school.
- Use the **Xello** link on the Clever App in your Office 365 account to research possible career paths and possible college majors. Explore!
- Participate in **In-Person** and **Virtual College Fairs**. These fairs provide you the opportunity to learn more about the colleges, the programs they have to offer, how the application process works, and ask any questions you may have.
- Take advantage of college tours and information sessions to learn more about the schools. You can also take virtual tours at [www.campustours.com](http://www.campustours.com) or [www.youvisit.com](http://www.youvisit.com).
- Study hard and keep your grades up!!! If you need help, use the tutoring support available during the Activity Period, use online resources for help such as Study Island (on your Clever App), and Khan Academy ([www.khanacademy.org](http://www.khanacademy.org)).
- Juniors who took the PSAT in October should be receiving their PSAT Score Report in December/January. Once you receive your PSAT Score Report, you can learn more about what your scores mean by visiting <https://studentscores.collegeboard.org>. If you have an account with College Board, you can sign in with your Username and Password; if you don't have an account, you will need to create a Student Account at [www.collegeboard.org](http://www.collegeboard.org). Using your score report, you will learn how ready you are for college, explore which AP courses are a good match for you, and get insight into which skills to focus on to prepare for the SAT. You can also link your College Board and Khan Academy accounts to access **FREE**, personalized SAT practice based on your PSAT/NMSQT results, go to: <https://collegereadiness.collegeboard.org/sat/k12-educators/advising-instruction/practice-resources/link-accounts>.
- Keep in mind that some colleges require more than the minimum high school graduation requirements (math, foreign language). Continue to take the most challenging classes!!!
- It is recommended that Juniors plan to take their **FIRST SAT** ([www.collegeboard.org](http://www.collegeboard.org)) and/or ACT ([www.act.org](http://www.act.org)) no later than the end of their junior year. Start thinking about when you will take these tests!!!
- Juniors should **start preparing** for the SAT and/or ACT using the resources available to you: <https://satsuite.collegeboard.org/sat/practice-preparation> (including Khan Academy), [www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html](http://www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html), <https://schoolhouse.world/course/sat> (from the founder of Khan Academy – FREE tutoring and SAT Prep Bootcamps), [www.StudyIsland.com](http://www.StudyIsland.com) on the Clever App on your Office 365 account!!! Additional test prep information is available in the Career Center and the Career Center webpage.



## Senior:

CLASS OF  
**2023**

- Visit the Career Center and Career Center page on the SCHS website to help you prepare for your future!!!
- Use the **Xello** link on the Clever App in your Office 365 account to research possible career paths and possible college majors. Explore!
- Finish submitting your college applications. **Pay attention to DEADLINES!!!**
- College of Southern Maryland's (CSM) online application is **OPEN** and is **FREE!!!** You can apply online at [www.csmd.edu](http://www.csmd.edu).
- Complete any college entrance exam testing your college may be requesting.
- **COMPLETE YOUR FAFSA!!!** The FAFSA was available starting October 1<sup>st</sup>. For more information about filling out the FAFSA, go to <https://studentaid.gov/apply-for-aid/fafsa/filling-out>
- Continue to work on scholarship applications and research additional financial aid sources. Keep copies of everything. Visit the Career Center page on the SCHS website for a list of scholarship opportunities and scholarship search engines. Use **ALL** your resources to search for scholarships.
- Look on college websites for separate applications to apply for scholarships and grants.
- Did you know there is a **List of Scholarships** and **Scholarship Search Engines** on the Career Center page of the St. Charles High School website??? Don't miss out on ALL these opportunities for FREE \$\$\$!!!
- Visit college websites and sign up for information sessions, tours, open houses, etc. This is a great way to help you decide which college is the RIGHT FIT for YOU!!!
- Thinking about an Apprenticeship? Apprenticeship applications are starting to OPEN and are opened for a limited time. Stop by the Career Center to pick up information!!!



# \*COLLEGE/CAREER SCHOOL INFORMATION & RESOURCES\*

## Touring College Campuses...VIRTUALLY!!!



**If an in-person tour is not available, colleges usually have virtual tours available. Please check the college's website for information about what types of tours they offer and how you can register for them.**

Ideally, touring the college campuses you are considering is the best way to find out if a college is for you. However, you may not have the opportunity to personally visit a college campus and...just because you may want to attend a school out of state doesn't mean you have to spring for plane tickets to every university on your Top 10 list. **Many** of the college websites also

provide a virtual tour of their campus....be sure to check it out! To help whittle down the choices, there are also websites where you can find **VIRTUAL COLLEGE TOURS!!!**

**You can take virtual tours at:**

[www.campustours.com](http://www.campustours.com)



**OR**

[www.youvisit.com](http://www.youvisit.com)

**YOU | VISIT**

## College Testing Information

**\*\*Several colleges are TEST OPTIONAL again this year for admissions. However, some schools have a GPA requirement in order to apply for admissions as test optional. In addition, some schools are still requiring an SAT or ACT score in order to qualify for certain scholarships. Check with each college's website you are interested in to see what their test optional policy is for this year.**

**Fair Test:** This list includes institutions that are "test optional", "test flexible" or otherwise de-emphasize the use of standardized tests by making admissions decisions about substantial numbers of applicants who recently graduated from U.S. high schools without using the SAT or ACT. For more info, visit:

[www.fairtest.org/university/optional](http://www.fairtest.org/university/optional)

**Scoring:** Colleges will use their own method to evaluate scores sent. Some colleges take your best single sitting; others take your best score from each test section over multiple sittings (SuperScore).

### **ACT and SAT Testing**

**JUNIORS WHO ARE PLANNING TO APPLY TO COLLEGE DURING THEIR SENIOR YEAR, SHOULD TAKE THEIR 1<sup>ST</sup> ACT AND/OR SAT BY THE END OF THEIR JUNIOR YEAR!!!**

- ✓ Students must register to take the ACT and/or SAT using the links below.
- ✓ **ALL** colleges/universities accept scores from **BOTH** the ACT and SAT!!!
- ✓ There are 2 testing sites in Charles County – Westlake High School & College of Southern Maryland. Seats are limited, REGISTER EARLY so you can reserve a seat at one of these local testing sites.
- ✓ Pay attention to DEADLINES!!!
- ✓ Students who qualify for **FREE/REDUCED LUNCH**, please see your counselor for a **FEE WAIVER**.





Register to take the ACT at: [www.act.org](http://www.act.org)

**Pay attention to REGISTRATION DEADLINES!!!**

2022|2023

## TEST DATES

## REGISTRATION DEADLINES

	Regular Deadline	Late Deadline	Photo Upload Standby Deadline
<b>September 10, 2022</b>	<b>August 5</b>	August 19	September 2
<b>October 22, 2022</b>	<b>September 16</b>	September 30	October 14
<b>December 10, 2022</b>	<b>November 4</b>	November 11	December 2
<b>February 11, 2023</b>	<b>January 6</b>	January 20	February 3
<b>April 15, 2023</b>	<b>March 10</b>	March 24	April 7
<b>June 10, 2023</b>	<b>May 5</b>	May 19	June 2
<b>July 15, 2023*</b>	<b>June 16</b>	June 23	July 7

\*No test centers are scheduled in New York for the July test date.



Register to take the SAT at: [www.collegeboard.org](http://www.collegeboard.org)

**Pay attention to REGISTRATION DEADLINES!!!**

## 2022-23 SAT Test Dates & Registration Deadlines

Test Date	Registration Deadline	Online/Phone Late Registration Deadline	Online Score Release
August 27, 2022	July 29, 2022	August 16, 2022	September 9, 2022
October 1, 2022	September 2, 2022	September 20, 2022	October 14, 2022
November 5, 2022	October 7, 2022	October 25, 2022	November 18, 2022
December 3, 2022	November 3, 2022	November 22, 2022	December 16, 2022
March 11, 2023	February 10, 2023	February 28, 2023	March 24, 2023
May 6, 2023	April 7, 2023	April 25, 2023	May 19, 2023
June 3, 2023	May 4, 2023	May 23, 2023	June 16, 2023

### **When should you take the SAT or ACT?**

It is recommended that students take the SAT or Act for the **FIRST** time **no later than the end of their junior year**. Students who choose to take the SAT or ACT a second time typically do so in the summer or fall of senior year.

### **How do I know which test to take: SAT or ACT?**

There really is not a straightforward answer to this question. The best way to decide is to take a timed full-length practice test of each. A few general differences are that the ACT has more geometry and trigonometry, ACT has sections where you cannot use a calculator, SAT provides more time per question, SAT provides some diagram of math formulas, and ACT has a science section testing your critical thinking skills (not your specific science knowledge). There is no longer a penalty for getting questions wrong on SAT. The old adage of if you do better in English take the ACT and if you do better in Math take SAT is not true for every student. Again, take a full-length practice test of each to see which test is best for you. Full-length practice tests are available on the **College Board website (SAT)**

<https://satsuite.collegeboard.org/sat/practice-preparation> and the **ACT website**

[www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html](http://www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html).

### **Resources to help you prepare to take the SAT or ACT:**

The best thing you can do is take time to prepare and get familiar with the test format before you take the test and **PRACTICE!** There are many resources out there to help you prepare for either the SAT or ACT. Some resources require a fee, while many others are completely **FREE!** Students are also welcome to visit the Career Center to find additional resources or to use the computers to start preparing for the tests!!!

The websites below have **FREE** practice questions, study guides, articles, flashcards, quizzes, formulas, exam strategies, punctuation rules, grammar rules and more!!! You have no more excuses...it's time for YOU to get started!!!

**Activity Period:** There will be SAT/ACT Prep available during the Activity Period. Be sure to sign up for it!!!

**Study Island:** Students have access to Study Island by going into their Office 365 account and clicking on their "Clever App" and then clicking on the Study Island icon. Once they are in Study Island, click on the *US PROGRAMS* tab on the left, and then click on *ACT* or *SAT*.

<http://www.princetonreview.com/college/sat-act>

[www.march2success.com](http://www.march2success.com)

[www.quizlet.com/subject/act/](http://www.quizlet.com/subject/act/)

<https://www.number2.com/>

<https://www.revolutionprep.com/programs/test-prep/sat/>

[www.schoolhouse.world](http://www.schoolhouse.world)

[www.4tests.com](http://www.4tests.com)

[www.majortests.com](http://www.majortests.com)

[www.quizlet.com/subject/sat/](http://www.quizlet.com/subject/sat/)

[www.freevocabulary.com/](http://www.freevocabulary.com/)

<https://www.testprepreview.com/>



## **Looking for a SAT/ACT Prep Class???**

The College of Southern Maryland (CSM) offers SAT/ACT Prep classes. For more information, visit [www.csmd.edu](http://www.csmd.edu).

**Students who qualify for FREE/REDUCED LUNCH** should see their Counselor or the College and Career Advisor to get a **FEE WAIVER** so you do not have to pay to take the ACT or SAT.

For more information, stop by the Career Center.

## Transcript Policy

Students have several options regarding transcripts.

- Each senior will be given one free unofficial transcript in the beginning of his or her senior year.
- Hard copies of transcripts cost \$2.00.
- Transcripts for scholarships are free.
- Transcripts are free for students who qualify for Free or Reduced Lunch.
- Transcripts sent electronically are free.
- All seniors will receive a free official final transcript mailed to the school/employer/etc. of their choice after they graduate.
- All seniors will have a free unofficial copy, included in their high school diploma envelope at the end of the year.
- A Transcript Request Form must be completed for each transcript and payment must be made at the time of the request. The forms are available in the Career Center, Counseling Office or on the St. Charles High School website.



*Seniors must give the Counseling Office a minimum of five school days to complete their transcript requests unless extensive additional paperwork is required.*

All transcript requests and other related forms should be turned in to the Counseling Office.



## Research and Compare Colleges

### ✓ **Big Future – The College Board:**

Choosing a college is a big and exciting decision. Explore your interests and take the time to find a college that will put you on the path to a bright future!!! Go to: [www.bigfuture.collegeboard.org](http://www.bigfuture.collegeboard.org)

### ✓ **CappexConnect Online:**

Connect with colleges, faculty and admissions, watch live presentations from a variety of institutions on your computers and learn more about specific colleges or college in general. Go to: [www.cappex.com](http://www.cappex.com)

### ✓ **College Fair Guide:**

Gather information about upcoming Regional and National College Fairs. Search for locations, dates, times, workshops, and attending colleges and universities. Go to: [www.collegefairguide.com](http://www.collegefairguide.com)

### ✓ **College Fairs Online:**

Students can chat with admissions reps and get financial aid information as well as ask any questions they have about college. To participate, register at [www.collegefairsonline.com](http://www.collegefairsonline.com)

### ✓ **College Majors 101:**

There are so many majors to choose from! College Majors 101 provides information and videos about college majors, lists of accredited schools, student/professional associations, examples of employers, industry publications and more! Go to: [www.collegemajors101.com](http://www.collegemajors101.com)

### ✓ **College Navigator:**

From the US Department of Education, this website gathers admission, retention, graduation, and financial aid data for every college in the country. Go to: [www.nces.ed.gov/collegenavigator](http://www.nces.ed.gov/collegenavigator).

### ✓ **College Results Online:**

This is an interactive, user-friendly Web tool designed to provide parents and students with information about graduation rates for nearly any four-year college or university in the country or to compare colleges. Go to: [www.collegeresults.org](http://www.collegeresults.org)

✓ **College Simply:**

**College Simply** provides clear, **easy to understand** admission chances, rankings and tools to help **simplify** the college search process. Go to: [www.collegesimply.com](http://www.collegesimply.com)

✓ **College Visits Tours:**

Tours are led and supervised by trained staff and high school counselors. Tours are set up across the United States and Canada. For more information, go to: [www.college-visits.com](http://www.college-visits.com)

✓ **College Xpress:**

Connect with colleges to help find the right fit and search for scholarships at [www.collegexpress.com](http://www.collegexpress.com)

✓ **Exploring College Options:**

Exploring College Options is a special informational program sponsored by the undergraduate admissions offices of five of the country's leading universities: *Duke University, Georgetown University, Harvard University, University of Pennsylvania, and Stanford University*. Go to: [www.exploringcollegeoptions.org](http://www.exploringcollegeoptions.org)

✓ **Exploring Educational Excellence:**

Information sessions presented by *Brown University, Columbia University, Cornell University, Rice University, and the University of Chicago*. Go to: [www.exploringeducationalexcellence.org](http://www.exploringeducationalexcellence.org)

❖ **Find YOUR College Match!!!**

College and Scholarship programs are looking for students!!! Help them find **YOU** by joining the **Student Search Service**. Students can create an account and then start receiving emails from colleges about degree programs, campus life, financial aid, or scholarship opportunities. For more information, please visit: <https://studentsearch.collegeboard.org>

➤ **Harvard, Princeton, UVA, Wellesley, Yale Information Sessions:**

For more information and to register, please visit: [www.hpuwy.com](http://www.hpuwy.com)

✓ **HBCU Interactive Directory:**

The Prince George's County Alumnae Chapter (PGCAC) of Delta Sigma Theta Sorority Incorporated is pleased to present the inaugural publication of the "**PGCAC Interactive HBCU Directory**" to celebrate, support and recognize the excellence of HBCUs. You can access this HBCU Interactive Directory to find information about the HBCUs at:

[www.flipsnack.com/BBC66666AED/pgcac-interactive-hbcu-directory.html](http://www.flipsnack.com/BBC66666AED/pgcac-interactive-hbcu-directory.html)

➤ **HBCU First:**

HBCU First provides a map of HBCUs by state and information and resources for each HBCU.

Visit: <https://hbcufirst.com/resources/hbcu-list-map>

✓ **NACAC College Fairs:**

NACAC (National Association for College Admission Counseling) provides many opportunities for students to participate in college fairs throughout the year. [www.nacacfairs.org](http://www.nacacfairs.org)

✓ **Niche:**

Niche helps you find the college that's right for YOU! Search college reviews, rankings, and statistics. [www.niche.com](http://www.niche.com)

✓ **Petersons:**

This website provides information and tools to help you find, get in, and pay for school.

Go to: [www.petersons.com](http://www.petersons.com)

✓ **XELLO:**

**Xello** is a Career Exploration tool students can use!!! Every student has their own individual **Xello** account they can access through the **Clever** app on their Office 365 account. Students can take **Career and Skills Assessments**; explore **Careers, Schools, & Majors**; view **Career and College Profiles**, create their own **Plan**, save items to a **Personalized Student Portfolio** and **MUCH MORE!!!** Start exploring **Xello** NOW!!!

## *College Application Platforms*

Colleges will have students use their own school's application to apply for admission to their school or will require students to use one of the online application platforms listed below. Students **MUST** check on each college's website to find out what application they will need to use to apply for admission. Below are the two main college application platforms.

❖ **The Common Black College Application, EDU, Inc.**

**Common Black College Application:** **Apply to 67 member institutions with ONE \$20.00 application fee -** <https://commonblackcollegeapp.com> or call (770)716-0616. (\*Includes 3 Maryland schools – Coppin State University, Morgan State University, & University of Maryland Eastern Shore!!!)

❖ **The Common Application:**

There are 1,000+ Colleges and Universities using the Common App. While they represent tremendous diversity in size, mission, location, and selectivity, they all share a commitment of promoting access through holistic admission. For more information and to see which colleges and universities accept the

**Common Application** go to: [www.commonapp.org](http://www.commonapp.org).

Need **HELP** completing the **Common App**, please visit: <https://www.commonapp.org/help>

## *Did You Know???*



❖ **Khan Academy** – **A personalized learning resource for all ages!!!**

Khan Academy offers practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom. We tackle **math, science, computer programming, history, art history, economics, and more**. Our math missions guide learners from **kindergarten to calculus** using state-of-the-art, adaptive technology that identifies strengths and learning gaps. We've also partnered with institutions like NASA, The Museum of Modern Art, The California Academy of Sciences, and MIT to offer specialized content. For more information go to:

[www.khanacademy.org](http://www.khanacademy.org)

**They also provide SAT Prep – Go to: [www.khanacademy.org/test-prep/sat](http://www.khanacademy.org/test-prep/sat)**

❖ **Schoolhouse.world** – **FREE ONLINE TUTORING**

**Schoolhouse.world** is a platform for free, **peer-to-peer tutoring**—where anyone, anywhere can receive live help, build their skills, and pay it forward by becoming a tutor themselves.

Get math homework and SAT help!!! From the founder of Khan Academy. Go to:

<https://schoolhouse.world/>

❖ **AP Exams and Earning College Credit:**

Your AP Scores can provide you the opportunity to earn credit and placement in college. For more information go to: <https://apstudents.collegeboard.org/getting-credit-placement>



### ❖ **FEV Tutor** – One-on-one VIRTUAL tutoring available to CCPS students!!!

FEV Tutor is available to students in Charles County Public Schools. Students can schedule a virtual tutoring session any time. To book a virtual tutoring session students will need to open the Clever app in their Office 365 account then click on the FEV Tutor app under the section, “more apps”. Once on the FEV Tutor app’s student dashboard, click “Book a Session” to schedule a tutoring session. Homework help is available seven days a week, 24 hours a day. For more information, visit [www.fevtutor.com](http://www.fevtutor.com).



## **MARYLAND RESOURCES**



### ❖ **Maryland Higher Education Commission (MHEC)**

The Maryland Higher Education Commission (MHEC) is the State of Maryland’s higher education coordinating board responsible for establishing statewide policies for Maryland public and private colleges and universities and for-profit career schools. MHEC also administers state financial aid programs. Their website provides information and numerous resources for students and parents. For more information, please go to:

[www.mhec.state.md.us](http://www.mhec.state.md.us)

### ❖ **Academic Common Market:** *Possible in-state tuition for some out-of-state colleges!!!*

The Academic Common Market is a tuition-savings program that enables students who live in the 15 states that are members of the Southern Regional Education Board (SREB) to pursue a degree not available in the student’s home state at an out-of-state college at discounted tuition rates. To find out more information visit:

[http://mhec.maryland.gov/institutions\\_training/Pages/acadaff/commonmarket.aspx](http://mhec.maryland.gov/institutions_training/Pages/acadaff/commonmarket.aspx)

### ❖ **Artsys: The Articulation System for Maryland Colleges and Universities**

**ARTSYS** is intended to aid the transfer of students from Maryland community colleges to the University System of Maryland institutions and other participating institutions. For more information, go to:

<https://artsys.usmd.edu/>

### ❖ **College Resources & Financial Aid Programs:**

The state has an extensive range of college resources and financial aid programs in the form of grants, scholarships, and other awards for students who want to further their education beyond high school. For more information, please go to: <https://mhec.maryland.gov/preparing/Pages/default.aspx>

### ❖ **Maryland College and University Search:**

Search for colleges in the state of Maryland by school type, degree type, population, and more. Other resources available include Net Price Calculator, Statewide Community College Programs, Academic Programs by School, etc.

Go to: [https://mhec.maryland.gov/institutions\\_training/Pages/colleges\\_universities/index.aspx](https://mhec.maryland.gov/institutions_training/Pages/colleges_universities/index.aspx)

### ❖ **Maryland Community College Promise Scholarship:**

The Promise Scholarship creates opportunities for students to attend one of Maryland’s public community colleges by providing tuition assistance for any student eligible for in-state tuition. For further information, please visit:

[https://mhec.state.md.us/preparing/Pages/FinancialAid/ProgramDescriptions/prog\\_MDCommunityCollegePromiseScholarship.aspx](https://mhec.state.md.us/preparing/Pages/FinancialAid/ProgramDescriptions/prog_MDCommunityCollegePromiseScholarship.aspx)



### ❖ **Maryland Private Career School Search:**

Search for Private Career Schools by school, county, training type, or occupation.

Go to: [https://mhec.maryland.gov/institutions\\_training/Pages/career/pes/search.aspx](https://mhec.maryland.gov/institutions_training/Pages/career/pes/search.aspx)

# College of Southern Maryland (CSM) News



**Seniors who are interested in attending the College of Southern Maryland (CSM) after they graduate, can apply NOW!!!**

**APPLY ONLINE at: <https://www.csmd.edu/apply-register/>**

**Under “CHOOSE YOUR PATH,” CLICK on  
*Pursuing an associate degree or want to enroll in credit classes***



## **Maryland Community College Promise Scholarship:**

The Promise Scholarship creates opportunities for students to attend one of Maryland's public community colleges by providing tuition assistance for any student eligible for in-state tuition. For more information about the Maryland Community College Promise Scholarship, go to: <https://www.csmd.edu/costs-aid/scholarships-financial-aid/scholarships/promise.html>

**Students MUST submit a FAFSA and LIST the College of Southern Maryland on their FAFSA form to be considered for the Maryland Community College Promise Scholarship.**

## *NCAA Eligibility Center Information*



Any junior wishing to play collegiate sports at the Division I or Division II level needs to register with the National Collegiate Athletic Association (NCAA) Eligibility Center at this time. Visit [www.eligibilitycenter.org](http://www.eligibilitycenter.org) for all the pertinent information you will need to compete in college.

Remember ACT/SAT test scores are reported directly from the testing agencies to NCAA Initial-Eligibility Center. When registering for the exams, include “9999” in the send score reports section.

### **For a Complete List of NCAA Courses:**

Visit [www.eligibilitycenter.org](http://www.eligibilitycenter.org) and enter the site as an NCAA College-Bound Student-Athlete. Navigate to the “Resources” tab; click “U.S. Students” and then “List of NCAA Courses.” Follow the prompts to search for your high school's list by name. The NCAA works with more than 430,000 student-athletes participating in 23 sports at more than a 1,000 colleges/universities. Good Luck!

**Want to PLAY COLLEGE SPORTS??? You MUST know your CORE COURSE GPA!!!**

**St. Charles High School** has teamed up with CoreCourseGPA.com to provide custom online software to all student-athletes to assist in tracking their progress towards meeting NCAA initial eligibility requirements.

**Be sure to double check your Core Classes with your counselor to be sure they count for eligibility requirements.**

**CoreCourseGPA.com** calculates core course GPA for both Division I and II, provides corresponding minimum SAT/ACT scores, and a detailed report of core course credits earned and needed. All student-athletes are encouraged to activate their FREE membership to begin tracking their core course GPA and learn more about important recruiting topics. The sooner, the better.....**EVERY SEMESTER COUNTS!!!**



**How to ACTIVATE your FREE Membership:**

**Step 1:** Go to [www.CoreCourseGPA.com](http://www.CoreCourseGPA.com)

**Step 2:** In the “New Member Account Creation” box, enter:

**School ID:** 211067

**School Code:** 796712340

### ACADEMIC REQUIREMENTS:

**Division I** Academic Requirements -

[http://fs.ncaa.org/Docs/eligibility\\_center/Student\\_Resources/DI\\_ReqsFactSheet.pdf](http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/DI_ReqsFactSheet.pdf)

**Division II** Academic Requirements –

[http://fs.ncaa.org/Docs/eligibility\\_center/Student\\_Resources/DII\\_ReqsFactSheet.pdf](http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/DII_ReqsFactSheet.pdf)

### NJCAA - National Junior College Athletic Association



**Don't have the GPA or college entrance exam scores needed for a four-year college?**

Think junior colleges! Think community colleges! Many community and junior colleges across the country have full athletic programs including **tackle football**. Visit the **National Junior Collegiate Athletic Association's** website at [www.njcaa.org](http://www.njcaa.org) and find out where you can use your talents while building your academic skills for transfer to a four-year college or university program.

### Athletically Related Financial Aid:

Athletic scholarships are awarded by NCAA Divisions I and II colleges and universities. Division III colleges and universities do not award financial aid based on athletic ability, but you may be eligible to receive academic scholarships or need-based financial aid.

In fact, according to the NCAA Eligibility Center, very few high school athletes earn athletic scholarships. According to recent statistics, about two percent of high school athletes are awarded athletic scholarships to compete in college. ***This small number means high school student-athletes and their parents need to have realistic expectations about receiving an athletic scholarship to play college sports. Academic, not athletic, achievement is the most reliable path to success in life.***



# \*APPRENTICESHIP INFORMATION & RESOURCES\*

## *Local Apprenticeships and Apprenticeship Websites*



### **Maryland and U.S. Apprenticeship and Training Programs** -

Apprenticeships combine supervised, structured, paid on-the-job training and related technical instruction to teach apprentices the skills necessary to succeed in a specific occupation. The apprentice works full time and receives training from the sponsoring organization:

#### **U.S. Apprenticeship and Training Program:**

<https://www.apprenticeship.gov/career-seekers>

#### **MD State Apprenticeship and Training Program:**

[www.dllr.state.md.us/employment/appr/apprbecomeappr.shtml](http://www.dllr.state.md.us/employment/appr/apprbecomeappr.shtml),

[www.labor.maryland.gov/employment/approcc/approc.c.shtml](http://www.labor.maryland.gov/employment/approcc/approc.c.shtml)

#### **Baltimore DC Building Trades:**

<https://www.bdcbt.org/>

**If you are ready to dream big and achieve your full potential, then an apprenticeship may be right for you!!!**

- **Earn while you learn.** Apprentices are paid a progressive wage while they learn valuable job skills.
- **Increase your earning potential.** The average annual starting salary for an apprentice graduate is \$50,000 (according to U.S. Department of Labor statistics).
- **Be in demand.** Learn the skills and gain the credentials that employers want.
- **Become more confident.** Gain self-assurance by working independently under the tutelage of a journeyman.

**Make new friends.** Apprenticeship training classes attract people of all ages and backgrounds.

**Boilermakers:** Fabrication (and repairs) of steel, iron, or copper into boilers. Local #45- Zone 193, (410) 355-2344, [www.boilermakers.org](http://www.boilermakers.org)

**Bricklayer:** Laying and binding of building materials, such as brick, structural tile, concrete block, cinder block, glass block and terra-cotta block, with mortar and other substances to construct or repair walls, partitions, arches, sewers and other structures. Local #1, (240) 695-9463, <http://www.bacweb.org>

**Carpenters:** Fabrication, building and installation of a variety of materials. KML Carpenters Local #197, (301) 736-1696, <http://www.mactc.net>

**Pile Drivers:** Specialize in earth retention. Local #441, (301) 735-6660 ext. 123, <http://www.mactc.net>

**Millwrights:** Install, erect, dismantle and clean heavy machinery, equipment, and other heavy materials. Millwrights Local 219, (215) 569-255, <http://www.easternmillwrights.com/>





**Plasterers and Cement Masons:** Work primarily with concrete and plaster materials to conduct the “finishing” work such as curbs, sidewalks, decorative molding, etc. Local #891, (202) 398-5859, <http://www.opcmia.org>

**Electricians and Telecommunications Technicians:** Electricians install and repair the wiring that brings electrical power into any type of building or structure. Telecommunications install and repair the wiring for telecommunications (phone, cable, internet) into a building. Local #26, (301) 429-2575, [www.ibewlocal26.org](http://www.ibewlocal26.org); <https://electricalalliance.org/get-charged-up/>

**Elevator:** Repair, install, maintain, and modernize systems that move us such as elevators, escalators, moving walkways, home lifts and wheelchair and handicap lifts. Local #10, (301) 459-0497, <http://www.iuec10.org>

**Heat and Frost Insulators:** Installs, repairs, and maintains insulating material to prevent or reduce the passage of heat, cold, vapor, moisture, sound, or fire. Local #24, (301) 498-9162, <http://www.insulators24.org>

**Ironworkers:** Construct and reinforce iron or steel components outlined in a structure plans. Local #5, (301) 599-0940, <https://www.ironworkerslocal5dc.com/>

**Plumbers and Gasfitters:** Install, remove, and maintain plumbing and gas systems for piped fixtures, fixed appliances, and accessories. Local #5, (301) 552-3505, <https://local5plumbers.org/>

**Sheet Metal Workers:** Designs, fabricates, installs, air balance, repairs, and alters sheet metal products. Local #100, (301) 5688655 ext. 3, <http://www.smart100trainingcenter.org/>



**Sprinkler Fitters:** Sprinkler fitters are pipefitters who specialize in the repair and installation of sprinkler systems that help prevent the spread of fires in residential and commercial buildings. Local #669, (410) 312-5202, <http://www.sprinklerfitters669.org/>

**Steamfitters:** Maintain, repair, assemble, and even create pipe and piping systems. Local #602, (301) 341-1555, <http://steamfitters-602.org>

**Skilled Equipment Operators in the Construction Industry:** Operate every type of construction equipment used in the construction industry. Highway and building construction, mining, and utility work. IUOE Local 77, 301-283-3476, <https://iuoelocal77.org>



## A career in the construction trades can change your life!

It's time to **CONSTRUCT YOUR FUTURE!** There are numerous benefits available to you through a career in the construction trades – and they all **BEGIN WITH AN APPRENTICESHIP!!!**

An apprenticeship provides the training to learn a craft. You'll earn a living wage, from day one! There's no education related debt and you can start to build the life you deserve. That includes a secure retirement plan and health benefits.

Learn about the construction trades by visiting: <https://www.constructyourfuture.com/>



# **\*MILITARY INFORMATION & RESOURCES\***

## *MILITARY NEWS*



## **MILITARY WEBSITES**

### **ARMY**

[www.goarmy.com](http://www.goarmy.com)

### **AIR FORCE**

[www.airforce.com](http://www.airforce.com)

### **ARMY NATIONAL GUARD**

[www.nationalguard.com](http://www.nationalguard.com)

### **COAST GUARD**

[www.gocoastguard.com](http://www.gocoastguard.com)

### **NAVY**

[www.navy.com](http://www.navy.com)

### **MARINE CORPS**

[www.marines.com](http://www.marines.com)

### **AIR NATIONAL GUARD**

[www.goang.com](http://www.goang.com)

### **COAST GUARD RESERVE**

[www.uscg.mil/reserve/](http://www.uscg.mil/reserve/)

### **UNITED STATES SPACEFORCE**

[www.airforce.com/spaceforce](http://www.airforce.com/spaceforce)

### **ARMY RESERVE**

[www.goarmyreserve.com](http://www.goarmyreserve.com)

### **NAVY RESERVE**

[www.navyreserve.com](http://www.navyreserve.com)

### **AIR FORCE RESERVE**

[www.afreserve.com](http://www.afreserve.com)

### **MARINE CORPS RESERVE**

[www.marines.com/eligibility/service-options/reserve](http://www.marines.com/eligibility/service-options/reserve)

## **Local Military Recruiting Offices**

### **U.S. Air Force Recruiting Office**

173 St. Patricks Drive  
Waldorf, MD 20603  
240-530-0177  
240-304-4476

### **U.S. Navy Recruiting Station**

173 St. Patricks Drive  
Waldorf, MD 20603  
301-843-8572

### **U.S. Army Recruiting Station**

173 St. Patricks Drive  
Waldorf, MD 20603  
301-645-9190

### **U.S. Marine Corps Recruiting**

173 St. Patricks Drive  
Waldorf, MD 20603  
301-843-0353

## U.S. Coast Guard Recruiting Office

645 Pennsylvania Avenue, SE STE 202  
Washington, DC 20003  
202-543-8313

## DC Air National Guard Recruiting, 113<sup>th</sup> Wing

7529 Old Alexandria Ferry Road  
Clinton, MD 20735  
240-857-5449

## Maryland Army National Guard

6025 Rose Hill Road  
La Plata, MD 20646  
240-805-0418

<https://military.maryland.gov> (Click on Military Recruiting link on the left.)

## ROTC Scholarships

Students who are interested in going into the **military** and would also like to go to **college** should consider applying for a **ROTC Scholarship**. Each military branch has ROTC scholarship opportunities that consist of two- three- and four-year scholarship options. For more information about how to apply for a ROTC Scholarship, please look at the following websites.

**\*\* YOU DO NOT NEED TO BE TAKING ROTC IN HIGH SCHOOL TO APPLY FOR A ROTC SCHOLARSHIP. \*\***

U.S. Army ROTC Scholarships - [www.goarmy.com/rotc/scholarships.html](http://www.goarmy.com/rotc/scholarships.html)

U.S. Air Force ROTC Scholarships - [www.afrotc.com/scholarships/](http://www.afrotc.com/scholarships/)

U.S. Navy ROTC (U.S. Marine Option) Scholarships - [www.navy.com/what-to-expect/education-opportunities/college-options-and-scholarships](http://www.navy.com/what-to-expect/education-opportunities/college-options-and-scholarships)

## Military Service Academies

One of the ways you can earn an officer commission in the United States armed forces is through one of the federal service academies, also referred to as military academies. The academies are colleges for the undergraduate education and training of commissioned officers for the United States Armed Forces.

**JUNIORS who are interested in applying to one of the Military Service Academies, will need to start working on their applications during the spring of their junior year. Look at the websites below for more information about the application timeline and application process.**

## The United States operates five service academies:

- **United States Military Academy** - West Point, New York - [www.usma.edu](http://www.usma.edu)
- **United States Naval Academy** - Annapolis, Maryland - [www.usna.edu](http://www.usna.edu)
- **United States Coast Guard Academy** - New London, Connecticut - [www.uscga.edu](http://www.uscga.edu)
- **United States Merchant Marine Academy** - Kings Point, New York - [www.usmma.edu](http://www.usmma.edu)
- **United States Air Force Academy** - Colorado Springs, Colorado - [www.academyadmissions.com](http://www.academyadmissions.com)

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# Registering with Selective Service



**Attention all 17 and 18-year-old male students:** If you are not registered with Selective Service, you must do so within 30 days of turning 18. You MUST register. This is not a school requirement, it's the law. If you fail to register, it will affect your ability to receive Federal college loans, grants, and student aid. In addition, it will affect your ability to receive job training or to gain citizenship.

It will even curtail opportunities to get many good jobs in the future. Register online at

[www.sss.gov](http://www.sss.gov) or fill out a registration card at any U.S. Post Office.

**FUTURES Magazine** – This magazine is an annual publication that highlights opportunities available in the Military. From careers and educational benefits to how service members spend their downtime, **FUTURES Magazine** provides a 360-degree view of military life. To see the latest edition, please go to: [www.todaysmilitary.com/military-life/futures-magazine](http://www.todaysmilitary.com/military-life/futures-magazine)



## Military News Summer Programs



### United States Air Force Academy Summer Seminar for Juniors

**Apply online from December 1 – January 15**

Questions, email [Summer.Seminar@usafa.edu](mailto:Summer.Seminar@usafa.edu)



Summer Seminar at the United States Air Force Academy gives students the opportunity to get the Academy experience first-hand. Specially designed for high school juniors heading into their senior year, Summer Seminar allows participants to see a realistic slice of cadet life. This fun yet demanding program will give you a solid understanding of the challenges and rewards of life as a cadet, as well as insights into what it means to serve as an officer in the United States Air Force. You will leave Summer Seminar more informed, prepared, and motivated to excel!

#### 2023 Summer Seminar Dates

Session 1: TBD

Session 2: TBD

Summer Seminar 2023 is subject to change in dates, status, and in person or virtual. Please monitor the website regularly for updates. For more information, go to: [www.academyadmissions.com/admissions/outreach-programs/summer-seminar/](http://www.academyadmissions.com/admissions/outreach-programs/summer-seminar/)

### United States Coast Guard Academy Summer Program for Juniors

**February: AIM Application OPENS**

**April: AIM Application CLOSES**

The AIM Application is open and will remain open through TBD.

For more information, go to: [www.uscga.edu/aim/](http://www.uscga.edu/aim/) or call 1-800-883-USCG.



#### Academy Introduction Mission (AIM)

It is important that you make an informed decision about applying to and attending the Coast Guard Academy. The Academy Introduction Mission (AIM) is a one-week summer program that gives you the chance to see if the Academy is right for you, and if you have what it takes to succeed. If you are selected, you will be able to personally

experience the rigor, discipline, and rewards of the Coast Guard Academy, just like a cadet, for one week in July following your junior year in high school.

You will meet faculty and staff; learn about our academic, military, and athletic programs; talk with cadets who have sailed on *Eagle*, flown aircraft, and started their leadership journey; and meet with Coast Guard professionals who are protecting our nation right now. Success at AIM is a good indicator of success at the Coast Guard Academy. In recent years, one-third of the incoming class attended AIM.

### **AIM 2023**

Session 1: TBD

Session 2: TBD

Session 3: TBD

## **United States Naval Academy Summer Seminar (NASS) Program for Juniors**

Naval Academy Summer Seminar (NASS) –

**January 4: Application OPENS**

Spots are limited. Apply as soon as possible.

Visit [www.usna.edu/Admissions/Programs/index.php](http://www.usna.edu/Admissions/Programs/index.php)



The United States Naval Academy Summer Seminar is a fast-paced, six-day experience for high achievers who have completed their junior year in high school. Summer Seminar teaches you about life at the Naval Academy, where academics, athletics, and professional training play equally important roles in developing our nation's leaders. If you think that you may be interested in pursuing an appointment to one of the nation's service academies and serving your country as an officer, you should seriously consider attending the Naval Academy's Summer Seminar.

### **2023 Summer Seminar Dates**

Session 1: June 3 – 8

Session 2: June 10 – 15

Session 3: June 17 - 22

## **West Point United States Military Academy Summer Leaders Experience**

**February 1: Application OPENS**

**March TBD: Application CLOSES**

Visit: <https://westpoint.edu/admissions/summer-program>



The West Point Summer Leaders Experience (SLE) provides high school juniors/rising seniors with a week-long immersion into the academic, military, and social life of a cadet. Our country's best asset is our people and West Point is trusted to educate, train, and inspire its undergraduate students to become leaders of character who will make an impact on the world stage. At SLE, you will explore West Point from all angles, including our high-tech educational facilities, team building athletic activities, and realistic military training. You will get a taste of Cadet Life through the entire program, which is led by current West Point cadets. You will experience the thrill of victory when you overcome the challenges of our summer program and you will form life-long connections and friendships with your future classmates.

### **2023 SLE Dates**

Session 1: June 3 – 9

Session 2: June 10 - 16

# \*JOB and CAREER INFORMATION & RESOURCES\*

## *Research JOBS and CAREERS*



- **CareerOneStop** – Sponsored by the US Department of Labor. Learn about careers, find career information, and locate career resources and advice. Visit <https://www.careeronestop.org>
- **Career Coach: Explore Career Paths** – College of Southern Maryland has a website that is available for students to use as they prepare for their future. It is designed to help you find a good career by providing the most current local data on wages, employment, job postings, and associated education and training. Visit the website at: [www.csmd.edu/student-services/advising/career-services/explore-careers.html](http://www.csmd.edu/student-services/advising/career-services/explore-careers.html)
- **Charles County Sheriff's Office (CCSO)** – There are several student/career opportunities available at the Charles County Sheriff's Office. For more information, visit: [www.ccsso.us](http://www.ccsso.us) **CLICK** on “**Career Opportunities**”.
- **College Majors 101** – Wondering what you can do with a major? College Majors 101 provides information and videos about college majors, lists of accredited schools, student/professional associations, examples of employers, industry publications and more! Go to: [www.collegemajors101.com](http://www.collegemajors101.com)
- **Dental Assistant Training** – Contact Dr. Coleman at 703-963-8969
- **Divers Academy International** – Career opportunities in commercial diving and underwater welding, hands-on learning, comprehensive certifications, 5-month program, career assistance, high job placement, high income potential. [www.diversacademy.edu](http://www.diversacademy.edu)
- **DOD Provides a Website to Help Youth Explore Pathways for Their Future:**  
Figure out what's next! This website presents career, college and the Military as options, allowing students to explore all possibilities and gain insight into each option. More than 1,000 civilian and military career fields and nearly 7,000 accredited colleges and trade schools are featured. Go to: [www.myfuture.com](http://www.myfuture.com).
- **Employment Information** –
  - There are many **websites** available for you to be able to **browse jobs** that are available in a certain area and/or use their resources to learn some tips to help you when you are finding a job. Go to: [www.indeed.com](http://www.indeed.com), [www.glassdoor.com](http://www.glassdoor.com), [www.careeronestop.org](http://www.careeronestop.org), [www.snagajob.com](http://www.snagajob.com), [www.onetonline.org](http://www.onetonline.org), [www.careerbuilder.com](http://www.careerbuilder.com), [www.linkedin.com](http://www.linkedin.com)
  - The **Maryland Job Service** is located at 175 Post Office Road in Waldorf, Maryland. Office hours for Job Service referrals are from 8:00 am-3:00 pm daily. Maryland Job Service: 301-645-8712 or go online at: [www.dllr.state.md.us/county/smd/](http://www.dllr.state.md.us/county/smd/) OR the **Maryland Workforce Exchange** website at: <https://mwejobs.maryland.gov>
- **Federal Government Jobs and Internships** – Opportunities for jobs with the Federal Government: [www.USAJOBS.gov](http://www.USAJOBS.gov) Under “**Explore Hiring Paths**” **CLICK** on “**Students and recent graduates.**”
- **Lundeberg Maryland Seamanship School, Inc.** – A vocational school dedicated to preparing students for successful careers as U.S. merchant mariners. Tuition-free training, no prior experience necessary, [www.seafarers.org](http://www.seafarers.org) Located on the campus of the Paul Hall Center for Maritime Training and Education, 45353 St. Georges Ave., Piney Point, MD 20674



- **Marine Trades Association of Maryland** – Career opportunities in the boating industry. [www.mtam.org](http://www.mtam.org)
- **Maryland Dental Assistant School** – 10 weeks, entry-level dental assistant program, Dr. Evelyn Leach, 888-401-4555, fax 240-253-2673, 15638 Livingston Road Unit 9, Accokeek, MD 20607
- **Maryland Natural Resources Police** – Natural Resource Cadet, high school graduate (men and women) between ages of 18 and 20, full-time position. Apply at: [www.dnr.state.md.us/nrp](http://www.dnr.state.md.us/nrp)
- **My Next Move** – U.S. Department of Labor's Career Search Tool: [www.mynextmove.org](http://www.mynextmove.org)
- **O\*NET OnLine** – This is a tool for career exploration and job analysis! This site has detailed descriptions of the world of work! Build your future with **O\*NET OnLine**: <http://www.onetonline.org/>
- **XELLO – Search for careers!!!**  
Every student has their own individual **Xello** account that they can access through the **Clever** app on their Office 365 account. Students can take **Career and Skills Assessments**; explore **Careers, Schools, & Majors**; view **Career and College Profiles**, create their own **Plan**, save items to a **Personalized Student Portfolio** and **MUCH MORE!!!** Start exploring **XELLO** NOW!!!
- **STEM Jobs** – Discover your career, do what you love, go to [www.STEMjobs.com](http://www.STEMjobs.com) click on “Find Your STEM Type”, take a quiz and get results, see which jobs match your type.
- **U.S. Department of Labor Occupational Outlook Handbook** – This site offers in-depth career profiles as well as degree and wage statistics for hundreds of occupations including projected outlook and work environment. Go to: <https://www.bls.gov/ooh/>
- **United States Intelligence Community Intelligence Careers** – The Intelligence Careers (IC) offers students a wide variety of excellent programs to get a jumpstart on a career in intelligence. Choose your agency, education level, field of study and the type of opportunity you're looking for and match your needs to theirs. For more information go to: <https://www.intelligencecareers.gov/icstudents.html?Agency=NSA>
- **Way to Be Magazine (2021-2022)** – The magazine is separated into three parts: high school, college, and career. Students will be able to use the tools and information to help them find a college and/or career path. **FREE** copies of the magazine are available for students to pick up in the Career Center. Here is a link for the **digital copy** of the magazine: [www.pageturnpro.com/The-Daily-Record/101303-Way-to-Be-2021/sdefault.html#page/1](http://www.pageturnpro.com/The-Daily-Record/101303-Way-to-Be-2021/sdefault.html#page/1)
- **Work Permits** – Students who are between 14 – 17 years of age and would like to work are required to get a work permit. For more information and to apply online, go to: <https://www.dllr.state.md.us/labor/wages/empm.shtml>
- **Year Up (National Capital Region)** – Year Up is a one-year, intensive training program that provides low-income young adults from the National Capital Region, ages 18-24, with a combination of hands-on skill development, college credits and corporate internships. The first six months of the program focuses on technical and professional skill building, while the second six months focuses on applying these skills through corporate internships. **Year Up is FREE of charge and students earn a weekly stipend.** For more information, go to: [www.yearup.org](http://www.yearup.org) and [www.yearup.org/about-us/our-locations/national-capital-region](http://www.yearup.org/about-us/our-locations/national-capital-region). You can also contact the admissions office at 703-312-9327 or [NCRadmissions@yearup.org](mailto:NCRadmissions@yearup.org) and attend an Open House (see website for dates)!!!

# **\*ADDITIONAL RESOURCES\***

## ***VOLUNTEER OPPORTUNITIES***



**Volunteer opportunities are a very important part of your resume', college application, and job application. Make sure you take advantage of getting involved and volunteering!!! Colleges and businesses are looking for well-rounded individuals who are making a difference!!!**

***\*\*There are many organizations that may be looking for volunteers to help during the holiday season (sending letters or cards, collecting items for gift baskets, etc.).***

***Please think about volunteering your time to make a difference in the lives of others!!!***

**Charles County Children's Aid Society:** This is a volunteer opportunity for students to give back to the community. Volunteers are needed on a daily basis. You can visit their website at [www.childrens-aid-society.org](http://www.childrens-aid-society.org) or contact the volunteer coordinator at 301-645-1561.

**\*Charles County Sheriff's Office TEEN COURT:** **TEEN COURT** is seeking youth volunteers to serve as jurors and prosecution and defense attorneys. Volunteers earn community service hours, gain experience in the legal system, try real court cases, take part in free field trips, and help their community. To find out more about this program including a schedule of Teen Court dates, please visit [www.ccso.us/community/youth-outreach](http://www.ccso.us/community/youth-outreach) and click on **TEEN COURT** or contact Ms. Sarah Vaughan, Teen Court Coordinator, at 301-609-3916.

**\*Charles County\*Rotary Interact Club:** The Rotary Club is a service organization whose stated purpose is to bring together business and professional leaders in order to provide humanitarian service and to advance goodwill and peace around the world. It is a non-political and non-religious organization open to all. For more information, visit: [www.neighborhoodcreativeartscenter.org/rotary-interact](http://www.neighborhoodcreativeartscenter.org/rotary-interact) or email [msgeorgia@neighborhoodcreativeartscenter.org](mailto:msgeorgia@neighborhoodcreativeartscenter.org)

**\*Humane Society of Charles County, Inc.:** The Junior Volunteer Program is set up for those who are under 18. Volunteers are needed for many kinds of work and activities. You can visit their website at [www.humanesocietycc.org](http://www.humanesocietycc.org). For questions, please call 301-645-8181.

**\*LifeStyles of Maryland Foundation, Inc.:** Volunteers are needed to help provide services to those who are economically disadvantaged. For more information, call 301-609-9900 or visit <https://lifestylesofmd.org/volunteer>.

**\*Melwood:** Volunteers are needed to assist in many areas that help individuals of differing abilities. If you are interested in volunteering with **Melwood**, contact the volunteer coordinator at [volunteer@melwood.org](mailto:volunteer@melwood.org), call 301-599-2724, or visit <https://melwood.org/volunteer-opportunities>.

**\*Our Place Soup Kitchen:** Volunteers are needed to sponsor dinners, set up, clean up, and serve the meals. To find out more information about volunteering go to: [www.OurPlaceWaldorf.com](http://www.OurPlaceWaldorf.com), call 240-210-9813 or email [support@ourplacewaldorf.com](mailto:support@ourplacewaldorf.com).

**\*Sagepoint Senior Living Services:** Volunteers are needed to assist in several areas to help senior citizens. For more information and to download an application go to: <https://www.sagepointcare.org/about-us/volunteering/> or you may contact a Volunteer Services Representative at 301-934-1900.

**\*Southern Maryland Food Bank:** Volunteer opportunities for ages 16+ or 12-15 with an adult. Volunteers work in the Food Pantry stocking, bagging, and distributing food. You can visit their website at <https://southernmarylandfoodbank.com/volunteering> or contact them at 301-274-0695.

**\*Spring Dell Center, Inc.:** Volunteers are needed to assist in many areas that help people with disabilities. For more information, visit: <https://springdellcenter.org/index.php/online-forms/volunteer-application>, call 301-934-4561 or 301-870-3758

**\*Tri-County Youth Services Bureau, Inc.:** The TCYSB is looking for volunteers to help a young person realize his or her fullest potential. For more information call 301-645-1837, email [info@tcysb.org](mailto:info@tcysb.org) or visit <http://tcysb.org>.

**\*University of Maryland Charles Regional Medical Center - Nursing and Healthcare Career Exploration Opportunity:** Volunteer Program Teens between the ages of 14 and 17 are exposed to the healthcare environment while deciding if healthcare is the career for them. The program also offers teens an opportunity to serve their community and its residents. Volunteers learn about the hospital setting while assisting staff members and patients. Volunteers spend between 4 and 30 hours each week at the University of Maryland Charles Regional Medical Center over the summer. For more information visit <https://www.umms.org/charles/about/volunteer-opportunities>. **Volunteer Applications are usually accepted beginning April 1<sup>st</sup> of each year. Please pay attention to the deadline for submitting your application.**

## **VOLUNTEER AT SCHOOL!!!**

There are numerous clubs available for you to join at St. Charles High School. Many of the clubs participate in several service projects throughout the year that benefit members of our community.

Make sure you join at least one of these clubs so you can

**VOLUNTEER and MAKE A DIFFERENCE!!!**



# ~ CAREER CENTER CALENDAR ~

Throughout the year, representatives from various colleges, the armed services, technical schools and apprenticeship programs will be hosting both **IN-PERSON** and **VIRTUAL VISITS**. Information about the visits including the date, time, and location will be available in the Career Center, on the morning announcements, and emailed to students through Synergy. The information will also be posted on the Career Center page of the St. Charles High School website.

Thursday, December 1

**\*SCHOLARSHIP FAIR at College of Southern Maryland, 6:00 – 8:00 PM**

Saturday, December 3

**\*SAT for those students who registered to take it – Don't be late!!! 😊**

Wednesday, December 7

**\*2 Hour Early Dismissal**

Saturday, December 10

**\*ACT for those students who registered to take it – Don't be late!!! 😊**

Monday, December 12

**\*Interims Issued**

Friday, December 23, 2022 to Monday, January 2, 2023

**\*Winter Break - Schools Closed**

**(Tuesday, January 3, 2023 – School Resumes)**



## SENIORS...



**Please remember to bring, forward, or email a copy of ALL your college acceptance letters, scholarships, grants, awards, Financial Aid Award Letters, or military commitments to Mrs. Malherek at [jmalherek@ccboe.com](mailto:jmalherek@ccboe.com)!!!**



**Have a safe and happy holiday season  
and a fabulous New Year!!!**

*Continue to check the Career Center website  
for more information and scholarship opportunities!!!*

*These programs and scholarships are provided as a courtesy. Charles County Public Schools and St. Charles High School do not rate the quality or value of any of these. For more information on items in this newsletter, please see Mrs. Malherek in the Career Center.*

### **Nondiscrimination statement – July 1, 2022**

The Charles County public school system does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, age or disability in its programs, activities or employment practices. For inquiries, please contact Kathy Kiessling, Title IX/ADA/Section 504 Coordinator (students) or Nikial M. Majors, Title IX/ADA/Section 504 Coordinator (employees/adults), at Charles County Public Schools, Jesse L. Starkey Administration Building, P.O. Box 2770, La Plata, MD 20646; 301-932-6610/301-870-3814. For special accommodations call 301-934-7230 or TDD 1-800-735-2258 two weeks prior to the event.

CCPS provides nondiscriminatory equal access to school facilities in accordance with its Use of Facilities rules to designated youth groups (including, but not limited to, the Boy Scouts).