## St. Charles High School Home of the Spartans



Volunteer opportunities are a very important part of your resume', college application, and job application. Make sure you take advantage of getting involved and volunteering!!! Colleges and businesses are looking for well-rounded individuals who are making a difference!!!



\*Charles County Sheriff's Office TEEN COURT: TEEN COURT is seeking youth volunteers to serve as jurors and prosecution and defense attorneys. Volunteers earn community service hours, gain experience in the legal system, try real court cases, take part in free field trips and help their community. To find out more information about this program, including dates for Teen Court, visit <a href="https://www.ccso.us/teen-court">www.ccso.us/teen-court</a> or contact Ms. Sarah Vaughan, Teen Court Coordinator, at 301-609-3916.

\*Our Place Soup Kitchen: Volunteers are needed to sponsor dinners, set up, clean up, and serve the meals. To find out more information about volunteering go to: <a href="www.OurPlaceWaldorf.org">www.OurPlaceWaldorf.org</a>, call 240-682-2569 or email <a href="mailto:support@ourplacewaldorf.com">support@ourplacewaldorf.com</a>.

\*Spring Dell Center, Inc.: Volunteers are needed to assist in many areas that help people with disabilities. For more information go to: <a href="https://www.springdellcenter.org">www.springdellcenter.org</a>, or call 301-934-4561. Volunteer applications are available in the Career Center.

\*Tri-County Youth Services Bureau, Inc.: The TCYSB is looking for volunteers to help a young person realize his or her fullest potential. For more information call 301-645-1837 or email info@tcysb.org.

\*LifeStyles of Maryland Foundation, Inc.: Volunteers are needed to help provide services to those who are economically disadvantaged. For more information visit their website at <a href="www.lifestylesofmd.org">www.lifestylesofmd.org</a> or call 301-609-9900.

\*Sagepoint Senior Living Services: Volunteers are needed to assist in several areas to help senior citizens. For more information and to download an application go to:

https://www.sagepointcare.org/about-us/volunteering/ or you may contact a Volunteer Services Representative at 301-934-1900.

\*Melwood: Volunteers are needed to assist in many areas that help individuals of differing abilities. If you are interested in volunteering with *Melwood*, contact the volunteer coordinator at volunteer@melwood.org or call 301-599-2724.

\*The Humane Society of Charles County, Inc.: The Junior Volunteer Program is set up for those who are under 18. Volunteers are needed for many different kinds of work and activities. You can visit their website at <a href="https://www.humanesocietycc.org">www.humanesocietycc.org</a>. For questions, please call 301-645-8181.

\*Charles County Children's Aid Society: This is a volunteer opportunity for students to give back to the community. Volunteers are needed on a daily basis. You can visit their website at <a href="www.childrens-aid-society.org">www.childrens-aid-society.org</a> or contact the volunteer coordinator at 301-645-1561.

\*Volunteens Program - Nursing and Healthcare Career Exploration Opportunity: University of Maryland Charles Regional Medical Center offers a *Volunteens Program* for students interested in finding out more about the healthcare environment while deciding if healthcare is the career for them. The program also offers teens an opportunity to serve their community and its residents. *Volunteens* learn about the hospital setting while assisting staff members and patients. Volunteens spend between 4 and 30 hours each week at the University of Maryland Charles Regional Medical Center over the summer. Students must be between 14 to 17 years of age. The *Volunteen Program* begins in late June and will consist of 3 two-week sessions. To find out more information about this program and/or if you are interested in applying for the *Volunteen Program*, please go to their website at:

www.charlesregionalcareers.org/volunteer. If you have questions about the *Volunteen Program* or need assistance, please call 301-609-4095. Volunteen Applications are accepted beginning April 1st of each year. Please pay attention to the deadline for submitting your application.

## **VOLUNTEER AT SCHOOL!!!**

There are numerous clubs available for you to join at St. Charles High School. Many of the clubs participate in several service projects throughout the year that benefit members of our community.

Make sure you join at least one of these clubs so you can VOLUNTEER and MAKE A DIFFERENCE!!!

## Make A Difference

